

| Menu A | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
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| LUNCH | <p>Chickpea, Sweet Potato & Spinach Curry with Vegetable Samosas</p> <p>Ginger & Soy Quorn Pieces with Broccoli & Cashew Nuts</p> <p>Salmon with Chilli & Lime Butter</p> <p>Breaded Escalope of Turkey with Cheese Sauce</p> <p>Ham & Mushroom Carbonara with Garlic Bread & Parmesan</p> <p>VEGETABLES INCLUDED</p> | <p>Nut Roast & Vegetable Tart with Caramelised Carrots & Parsnips</p> <p>Homemade Roasted Vegetable & Olive Pizza</p> <p>Baked Plaice with Cherry Tomatoes, Green Beans & Garlic</p> <p>Classic Roast Chicken & Gravy</p> <p>Shepherd's Pie</p> <p>VEGETABLES INCLUDED</p> | <p>BBQ Tofu Bap with Purple Cabbage Slaw</p> <p>Spinach, Mozzarella, Sunblushed Tomato & Pepper Wrap with Basil Besto & Parmesan Cheese Sauce</p> <p>Smoked Haddock Fishcake with Coronation Coleslaw</p> <p>Thai Green Chicken Curry with Prawn Crackers</p> <p>Roast Loin of Pork with Apple Sauce, Stuffing & Crackling</p> | <p>Creamy Vegetable & Bean Pasta with Crispy Fried Sweet Potato</p> <p>Quorn & Vegetable Stir Fry</p> <p>Citrus Hake Fillet with Chilli, Coriander & Red Onion Salsa</p> <p>Breaded Turkey Parmigiana with Garlic Bread</p> <p>Glazed Roast Gammon with Caramelised Pineapple & Light Savoury Jus</p> <p>VEGETABLES INCLUDED</p> | <p>Rocket, Tomato & Artichoke Risotto with Crispy Oyster Mushrooms</p> <p>Linda McCartney Vegetarian Bolognese with Parmesan Cheese & Garlic Slice</p> <p>Fresh Fillet of Fish with Tartar Sauce & Lemon</p> <p>Chicken Fillet Burger with Onions, Salad, Relish & BBQ Sauce</p> <p>Teriyaki Beef & Broccoli</p> <p>VEGETABLES INCLUDED</p> | <p>Brunch is served from</p> <p>11.30 - 13.25</p> <p>FULL ENGLISH BREAKFAST</p> <p>Including</p> <p>Veggie Sausages</p> <p>Smoked Salmon</p> <p>Lunch Option</p> <p>Pasta Vegetables</p> <p>Green Salad</p> | <p>Brunch is served from</p> <p>10.45 - 12.45</p> <p>FULL ENGLISH BREAKFAST</p> <p>Including</p> <p>Veggie Sausages</p> <p>Smoked Salmon</p> <p>Lunch Option</p> <p>Pasta Vegetables</p> <p>Green Salad</p> |

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| | | | VEGETABLES INCLUDED | | | | |
| | Rice Pudding & Jam Sauce | Apple Strudel with Custard | Sultana Scones with Jam & Cream | Apricot Pie & Custard | Cherry Bakewell Tart & Custard | | |
| DINNER | <p>Lentil & Vegetable Chilli with Tortilla Crisps</p> <p>Frittata with Roasted Peppers, Olives & Grated Manchego Cheese</p> <p>Salmon with Chilli & Lime Butter</p> <p>Breaded Escalope of Turkey with Sage Butter</p> <p>Ham & Mushroom</p> | <p>Jacket Potato with Smokey Bean Chilli & Tortilla Chips</p> <p>Homemade Roasted Vegetable & Olive Pizza</p> <p>Pan Fried Fillet of Sea Bass with Spicy Salsa</p> <p>Classic Roast Chicken & Gravy</p> <p>Beef Burger with Salad & Relish</p> <p>VEGETABLES INCLUDED</p> | <p>Vegetable Tagine with Pita Bread</p> <p>Vegetable & Bean Crepes</p> <p>Smoked Haddock Fish Cake with Coronation Coleslaw</p> <p>Piquant Chicken Fillet with Creamy Garlic & Mustard Sauce</p> <p>Lamb Meatballs with Roasted Vegetable Couscous</p> <p>VEGETABLES INCLUDED</p> | <p>Crispy Tofu with Pak Choi & Sweet Chilli Sauce</p> <p>Falafel with Tomato & Black Olive Sauce with Pita Bread & Feta Cheese</p> <p>Seafood Pasta Bake with Garlic Bread</p> <p>Chicken Fried Rice</p> <p>Dingley Dell Pork & Leek Sausage with Yorkshire Pudding & Onion Gravy</p> | <p>Soy & Ginger Braised Mushroom with Tempura Vegetables</p> <p>Mushroom & Vegetable Kedgeree with Korma Sauce</p> <p>Fresh Fillet of Fish with Tartar Sauce & Lemon</p> <p>Curried Turkey Burger with Tikka-Masala Sauce & Large Popadum</p> <p>Teriyaki Beef</p> | <p>Spiced Cauliflower, Tomato & Kidney Bean Pasta Bake</p> <p>Sundried Tomato & Goat's Cheese Calzone</p> <p>Smoked Haddock with Spinach Cream & Poached Egg</p> <p>Pesto Grilled Chicken with Capers, Red Peppers & Tomato</p> <p>Grilled Rump Steak with</p> | <p>Oyster Mushroom Stroganoff with Cherry Tomato Focaccia</p> <p>Caramelised Onion & Cheese Quiche</p> <p>Scampi Fritters & Tartar Sauce & Lemon Wedge</p> <p>Chicken & Mushroom Risotto with Parmesan Cheese</p> <p>Pasta Carbonnara with Bacon & Cherry Tomato Focacci</p> |

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| | Carbonara with Garlic Bread & Parmesan VEGETABLES INCLUDED | | | VEGETABLES INCLUDED | VEGETABLES INCLUDED | Mushrooms, Tomato & Gravy VEGETABLES INCLUDED | VEGETABLES INCLUDED |
| | Rich Chocolate Pots with Chocolate Flake | Banana Bread with Cream | Treacle Tart | Fruit Tartlets | Cherry Cream Puff | Fruit Crumble & Custard | New York Cheesecake |